# Dear neighbours

Are you self-isolating and need support with shopping? Feeling ill and want someone to keep checking that you're OK?

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If, on the other hand, you're feeling fit and don't need to self-isolate, and would like to help out supporting our neighbours, give us a call and we'll share the opportunities around.

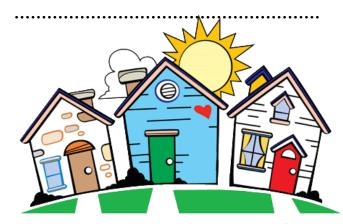




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torefront community church



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## Guidelines

We will use the phone and internet, and meet you at the door—we won't come in.

We can't provide medical recommendations, and suggest you follow government guidelines and call 111 for individual advice.

We'll do our best with shopping, but obviously can't provide items that are not currently available in the shops (use your loo roll sparingly!) If you need pharmaceuticals picking up, please write a letter authorising us.

It goes without saying that we're not charging for this ... and we'll give you a complete set of receipts for any purchases.

This is our personal activity, but it is the brainchild of Forefront Community Church. We're the ones who run Forefront Community Centre on Fore Street (home of the Lord's Larder food bank, Citizen's Advice South Somerset, and other pro-community ideas.)

Pop in and see the centre when things improve and we're all allowed to socialise again!

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